

CHRISTOPHER LLEWELLYN NARRAMORE

Qualifications:

FCS (Ortho) 1993 University of Cape Town – SA college of surgeons
 (Groote Schuur Hospital)
MB CHB 1979 University of Cape Town

B.Sc 1974 University of Cape Town

Additional international examinations passed:

FLEX (USA) 1993

LMCC – Qualifying exams 1987 (Canada)

Employment - current:

Started private practice in 1994.

Private practice as orthopaedic surgeon sub specializing in foot and ankle surgery (80%) and shoulder surgery (20%)

Consultant Foot surgeon – Orthopaedic Sports Clinic, Sports Science Institute of South Africa, Newlands.

Medical registration:

Registration number: MP 0221996 with Health Professional Council of South Africa (HPSCA) as orthopaedic surgeon.

GMC number 2752639 (overseas registration)

Practice number 2805197

Employment history:

1987-1993 – Orthopaedic registrar at Groote Schuur Hospital (Cape Town)

1983-1986 – General practitioner (Cape Town)

1981-1982 – South African Defence Force (SANDF) as medical officer in Orthopaedic 2 Military Hospital (Wynberg – including 6 months hand surgery at Tygerberg Hospital under Dr K Pretorius)

1980 – Internship Edendale Hospital (Pietermaritzburg)

Subsequent employment:

1993-1994 Junior consultant at Groote Schuur hospital (establishment foot clinic at Groote Schuur Hospital)

1994-2004 Consultant orthopaedic surgeon Victoria Hospital in Wynberg (part time) in charge of orthopaedics 1994-1998 until hospital appointed a full time consultant.

Elective surgery at Victoria Hospital mostly shoulder and foot and ankle surgery.

1994-present Started a private practice in association with Dr A Mullins
Sub specialising in foot and ankle surgery and shoulder surgery.

Academic exposure:

1993 – Awarded Smith and Nephew travelling grant, visiting 4 training institutions:

- Hospital special surgery – New York
Prof R Warren – shoulder surgery
Prof D Helfet – orthopaedic trauma
- Union Memorial hospital
Dr Mark Myerson – Foot and ankle surgery
- University Pennsylvania hospital
Prof J Ianotti – shoulder surgery
Dr G Williams – shoulder surgery
- New England Baptist hospital – Boston
Dr M Mizel – foot surgery

1996 – Founding member SA Foot Surgeons Association.

1998 – Invited speaker 2nd Combined American/European Foot and Ankle surgery (COMFAS) meeting Venice.

Presented “Update on calcaneal fractures literature”.

2002-2004 President SA Foot Surgeons Association (SAFSA)

2000 - Organizing chairman AO foot trauma course – Johannesburg.

2003 – Organizing chairman 2nd SAFSA congress in Cape Town

2003 – Organizing chairman instructional lectures on Foot Surgery at 49th SAOA congress- Cape Town

AO Alumni member since 1997.

Member SA Elbow and Shoulder Surgeons.

CME International:

Foot surgery:

Amsterdam Foot and Ankle Course – Cadaver lab Amsterdam 19-20 June 2015.

Advanced Ankle Instability/Arthroscopy and Sports Injuries Course + Cadaver Arthroscopy Training – Athrex ArthroLab – Munich, Germany 1-2 June 2012

Tornier Salto-Talus Total Ankle Replacement Cadaver Workshop – Baltimore, USA (Dr M Myerson) 11 May 2011

American Orthopaedic Foot and Ankle Society (AOFAS) "Surgical Complications of the Foot and Ankle Course" – Baltimore, USA 12-14 May 2011

AO Trauma Course "Advances in the Management of Foot and Ankle Surgery" – Davos, Switzerland 4-9 December 2010

Visitor to Foot Surgery Centre – Prof B Hinterman Kantonsspital, Liestal, Switzerland (observer – Hintergra total ankle replacement January 2010 for 3 days)

Visitor to Foot surgery Unit Minneapolis – Dr C Coetzee, Minnesota Orthopaedics Sports Medicine, Minneapolis, USA August 2009 (5 days)

Faculty lecturer 11th Synthes surgical skill foot surgery course – Oberdorf, Switzerland 26.01.2008 – 29.01.2008

Attendee British Orthopaedic Foot and Ankle surgery (BOFAS) meeting in Carden Park, Cheshire, UK 31.10.2007 – 02.11.2007

AO Injured Foot Course – Bristol; UK July 2005 (Dr Atkins)

Visitor to Dr J Ascensio – Nimes, France to assist and see patients having AES total ankle replacements April 2005 (3 days)

Visitor to Dr M Maestro, Nice, France – fore foot surgery April 2005

Institute for Foot and Ankle Studies Course – Baltimore, 2002 (Dr M Myerson) USA

Advanced total Foot Course – Bordeaux, October 2002 (Dr Barouk) France

Second combined meeting Foot and Ankle Surgeons – Venice, Italy 1998 (COMFAS) American Foot and Ankle Surgeons (AOFAS) and European Foot and Ankle Surgeons (EFAS).

Attended Arthroscopy Association of North America (AANA) meeting including instructional workshop on shoulder and ankle arthroscopies – Washington 1996

Visitor to Dr M Myerson – Foot and ankle surgeon. Baltimore, USA for 1-2 weeks on 5 occasions (1994, 1996, 1998, 2002, 2011)

CME – South Africa:

Foot surgery:

Attended cadaver workshops on Mobility total ankle replacements – Dr Rippenstein
July 2005

Assisting Dr H Koefoed (Designer of STAR prosthesis from Denmark) with 4 STAR
total ankle replacements 2002 – Johannesburg , Pretoria

Bilateral Ankle Replacement – Bloemfontein 16.05.2001 with Dr H Koefoed

Attended two workshops in STAR total ankle replacements 2000/2001

STAR Foot and Ankle Symposium – H Koefoed, Volkswagen Conference Centre
Johannesburg 25.03.2000

SAOA Instructional Course Foot and Ankle Surgery – Dr R Mann, Dr Mike Coughlin,
Dr Jim Nunley 15-17 April 1999 – Durban.

Foot surgery:

Presenter/lecturer Foot and Ankle Surgery:

9th Biennial SAFSA Congress – Johannesburg 25-27th May 2017 Faculty
member/presenter with International faculty (Dr M. Easley – USA; Dr H Trnka –
Austria; Dr Rammelt – Germany)

Lecture: "Orthopaedic forefoot imaging" SAMSIG 2016 Musculoskeletal Imaging
Congress – Coetzenberg, Stellenbosch 3 December 2016

SAFSA case presentations – Pretoria 27 February 2016

Lecture: "Lisfranc injuries" 62nd SAOA congress –Skukuza, Kruger Park 1-3
September 2016

Case presentation SAFSA meeting – Faerie Glen Medical, Pretoria centre 26 June
2014

SAFSA case presentations – Pretoria 22 February 2014

Annual SAMSIG meeting – Stellenbosch 1st June 2013, case presenter.

SAFSA case presentations – Pretoria 31 October 2015

8th Biennial Congress (SAFSA) Cape Town 13-15 March 2015

Faculty member: AO trauma Advanced Course on periarticular fractures – Cape Town
lecture on "Calcaneal fractures" and Lisfranc injuries 17-19 July 2013

Faculty member presenter of SAFSA "International course on foot and ankle conditions" – SAOA in co-operation with Ethiopian Society of Orthopaedics and Traumatology 3-4 December 2012. Addis Ababa, Ethiopia.

7th Biennial Foot Congress (SAFSA) Johannesburg 10-11 May 2013

58th SAOA Congress: Presenter at Foot Instructional Course "Diabetic Foot" - Durban 3-6 September 2012

6th Biennial Foot and Ankle Congress Dr M Myerson/Dr S Haddad/Dr Brodsky – Lord Charles Hotel, Cape Town 4-5 March 2011.

Presenter Diabetic Foot Working Group Congress: Spier – Somerset West, Cape Town 15-16 August 2010

5th Biennial SA Foot Congress (SA Foot Surgeon Association) - Presenter Johannesburg 15.05.2009 – 16.05.2009

51st SAOA congress – Port Elizabeth 2005

AO Advanced Course – "Calcaneus Fractures" – Lord Charles Hotel, Cape Town 2004

Emergency medicine training programme 2004 – "Foot and Ankle Injuries"

49th SAOA congress 2003 – Cape Town

2nd Biennial SAFSA congress 2003 – Cape Town

SA Academy of Family Practice – September 2002 "Common Foot Problems"

1st Biennial SAFSA congress 2001 - Cape Town

SA Knee and Arthroscopy Society – Sun City 2001 "Management of Osteochondral Lesion Talus"

Course organizer AO Foot Trauma course – Johannesburg 2000 (with Prof J Nunley, Duke University: North Carolina – U.S.A)

SA Society Physiotherapist – "Total Ankle Replacements"

Academic Programme – Orthopaedic Department – Tygerberg Hospital 1999

Eli Lilly Sports Symposium – July 1997 foot sports trauma: Spier Conference Centre, Somerset West.

CME International:

Shoulder surgery:

Visitor to Dr P Boileau – Nice, France 2005.

“Instructional Course on Shoulder and Elbow Conditions” – University of Pretoria, Dr C Gerber (Switzerland) 13-15 March 2002.

2nd combined AAOS/ASES meeting 2002 – Orlando, Florida USA

1st combined AAOS/American Shoulder/Elbow meeting (ASES) – 1998
Kaiwah Island, South Carolina, USA.

Attended Arthroscopy Association of North America (AANA) meeting including instructional workshop on shoulder and ankle arthroscopies – Washington 1996

Shoulder Instability/Fracture course on cadavers – AAOS (American Association Orthopaedic Surgeons) – Rosemont Chicago, Illinois 1996.

Visitor to Dr J Ianotti/Dr G Williams – University Pennsylvania 1993/1998

CME – South Africa:

Shoulder surgery:

South African Shoulder and Elbow Society Conference (SASEAS) – Sun Coast Resort, Durban 13-14 March 2015

Distal Extremity Roadshow – SA Biomedical, Cape Town 19 March 2012

SA Shoulder and Elbow Society Annual Meeting – Dr S Burkhart, Zimbali (Durban) 1-2 September 2012

De Puy Mitek Shoulder Symposium – Dr L Lafosse, Crowne Plaza, Rosebank (Johannesburg) 6-7 October 2011

Extremities Master Class – Zimmer 19 November 2010 (Cape Town)

Post Traumatic Instability Workshop – 10 May 2003 (UCT)

Shoulder Workshop Live Surgery – 30 August 2003.

Arthroscopy Workshop – 23 April 2003 (University of Stellenbosch, Cape Town)

Mini Symposium “Solutions for Cuff Tear Arthropathy” Dr Charles Rockwood – Arabella Sheraton (Cape Town) 31 August 2003

Delta Shoulder Meeting – Prof CA Ekeland Vincent Pallotti Hospital (Cape Town) 22 January 2003

8th International Congress on Shoulder surgery – Cape Town 2001.

CME (General):

Tornier TM ankle total ankle arthroplasty bioskills cadaver course – Cape Town 31 August 2014

AO Trauma Advanced Course on peri-articular fractures – Cape Town 17-19 July 2013

SA Musculoskeletal Imaging Group annual meeting (SAMSIG) – Stellenbosch 1 June 2013

Trulok and HL-Hex limb reconstruction course – Cape Town 12-14 April 2013

Teaching:

Victoria hospital – training medical officers for orthopaedics and teaching medical students in “out-patients” 1994-2004

Victoria hospital out-patients – 25 out patients per clinic/ per week. 3-4 surgical cases per week.